



Fresh and Healthy Food, Fast

MENU



"Our Commitment: Fresh, Authentic Dining"

At Himalayan Café, we use fresh ingredients, free from artificial enhancers and colors. Indulge in the goodness of an unadulterated dining experience, where every bite reflects the true flavors of Nepal. At Himalayan Café, we are dedicated to rekindling the traditional art of cooking.

We Cater, We Deliver

For catering inquiries, please contact us at 705-478-5737. |
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KHAJA

nepali favorites



MOMO

Nepali dumplings served with sesame sauce

STEAMED MOMO

VEGETABLES (V+) **\$ 16.99**

CHICKEN OR PORK **\$ 18.99**

KOTHAY MOMO

VEGETABLES (V+) **\$ 17.99**

CHICKEN OR PORK **\$ 19.99**

CHILLI MOMO

VEGETABLES (V+) **\$ 19.99**

CHICKEN OR PORK **\$ 20.99**

SOUP MOMO

VEGETABLES (V+) **\$ 19.99**

CHICKEN OR PORK **\$ 20.99**

CHICKEN CHILLI/ PORK CHILLI(GF)

\$ 15.99

Spicy and tangy chicken stir-fried with peppers, tomato and onions.

THUKPA

Tibetan-style noodle soup

SADA JHOL (MILD)

VEGETABLES (V+) **\$ 18.99**

CHICKEN OR PORK **\$ 19.99**

PIRO JHOL (SPICY)

VEGETABLES (V+) **\$ 19.99**

CHICKEN OR PORK **\$ 20.99**

CHOWMEIN Kathmandu Style Wok Noodles

VEGETABLES (V+) OR EGG **\$ 18.99**

CHICKEN OR PORK **\$ 20.99**

BHUTEKO BHAT Fried Rice (GF)

VEGETABLES (V+) **\$ 18.99**

CHICKEN OR PORK **\$ 20.99**

SEKUWA SET (GF)

Marinated and grilled skewers served with salad, and sauce

VEGETABLES (V+) **\$ 21.99**

CHICKEN OR PORK **\$ 23.99**

LAMB **\$ 27.19**

STREET FOOD

appetizers



PAKORA (GF /V+) **\$ 10.⁹⁹**
Gluten-free fritters a mix of vegetables, served with a sweet tamarind chutney.

SAMOSA (V+) **\$ 9.⁹⁹**
Crispy pastry filled with potatoes and peas, served with tamarind chutney.

SPRING ROLLS **\$ 4.⁹⁹**
Crispy rolls filled with mixed vegetables, served with a sweet tamarind chutney.

SHAPHALEY (MEAT PIES) **\$ 16.⁹⁵**
Crispy Tibetan meat pies filled with seasoned meat and vegetables.

PIRO ALOO (GF /V+) **\$ 7.⁹⁹**
Spicy cold salad with a blend of Himalayan spices.



SAMOSA CHAT (V+) OR ALOO CHAT (GF /V+) **\$ 12.⁹⁹**
Samosa crushed topped with chickpea, yogurt, chutneys, and pomegranate

SAUSAGE ON STICK **\$ 11.⁶⁹**
Sausage served on a stick with spicy sauce.

NAAN WRAP **\$ 12.⁹⁵**
Soft flat bread filled with your choice of spiced chicken or vegetables.

CHATPATE (V+) **\$ 12.⁹⁹**
Tangy spicy mix with rice puff and veggies

DAHI PURI (V) **\$ 14.⁹⁹**
Loaded with flavors and textures from all the yogurt and potato, chickpeas fillings added to crispy hollow puris

SOUPS AND SALADS



DAL, Lentil soup with spinach	\$ 5. ⁹⁹
MOMO SOUP VEGETABLES (V+)	\$ 19. ⁹⁹
MOMO SOUP CHICKEN OR PORK	\$ 20. ⁹⁹
THUKPA, Tibetan-style noodles soup	\$ 19. ⁹⁹
VEGETABLES (V+)	\$ 20. ¹⁹
CHICKEN OR PORK	\$ 18. ⁹⁹
CHICKPEA SALAD (V+/GF)	\$ 16. ⁹⁹
Chickpeas tossed with fresh cucumbers, juicy tomatoes, vibrant bell peppers, and a mix of nuts, in a tangy and sweet dressing.	
NEPALI SALAD (V+/GF)	\$ 16. ⁹⁹
A perfect blend of fresh, seasonal ingredients and with potatoes, lemon juice and grind sesame seeds.	

SIDES/EXPRESS

PLAIN NAAN	\$ 4. ²⁹
BUTTER OR GARLIC NAAN	\$ 5. ¹⁹
BASMATI RICE	\$ 4. ⁶⁹
FLAVOURED RICE/COCONUT RICE	\$ 5. ⁹⁹
BUTTER CHICKEN	\$ 8. ⁹⁹
PORK BELLY CURRY	\$ 8. ⁹⁹
CHICKPEA CURRY	\$ 6. ⁹⁹
LAMB CURRY	\$ 11. ⁹⁹
STIR FRY VEGGIES	\$ 6. ⁹⁹
DAHI, homemade yogurt	\$ 5. ⁹⁹
RAITA, side dish made with curd, veggies, spices & herbs	\$ 5. ⁹⁹

KHANA SET

Thali, main

THAKALI THALI, VEGAN/CHICKEN/PORK

A traditional Nepali meal set including rice, lentil soup, seasonal vegetables, meat curry, pickles, and yogurt.

\$ 24.⁹⁹

THAKALI THALI, LAMB

A traditional Nepali meal set including rice, lentil soup, seasonal vegetables, meat curry, pickles, and yogurt.

\$ 27.⁹⁹

PHAPHAR DIDO THALI, VEGAN/CHICKEN/PORK

A nutritious and delicious Nepali platter featuring buckwheat flour porridge (dido), lentil soup, mixed vegetables, meat curry, and traditional pickles.

\$ 23.⁹⁹

PHAPHAR DIDO THALI, LAMB

A nutritious and delicious Nepali platter featuring buckwheat flour porridge (dido), lentil soup, mixed vegetables, meat curry, and traditional pickles.

\$ 28.⁹⁹

HIMALAYAN BUDDHA BOWL (MEAT)

A nourishing bowl filled with meat, fresh veggies, grains, and a flavorful dressing.

\$ 21.⁹⁹

HIMALAYAN BUDDHA BOWL (V+)

A vegetarian version of our nourishing Buddha bowl, packed with fresh veggies and grains.

\$ 19.⁹⁹

HIMALAYAN BIRYANI

A fragrant and flavorful rice dish cooked with spices, vegetables, lamb and eggs.

\$ 25.⁹⁹

PORK TAAS SET (GF)

Flattened rice, pan roasted pork, roasted soyabeans, spicy potatoes, and tomato chutney

\$ 20.²⁹

GRILLED FISH AND POTATOES

Pickeral grilled with Nepali spices and served with roasted potatoes

\$ 21.⁹⁹



SHARABLE PLATTERS



ASSORTED APPS PLATTER (MEAT)

\$ 21.⁹⁹

A variety of apps includes spicy potatoes, samosa, pakora, spring rolls, and momo.

ASSORTED APPS PLATTER (V+)

\$ 19.⁹⁹

A mix of our vegan favorites including pakoras, samosas, spicy potatoes and spring rolls.

NEWARI SAMAY BAJI PLATTER

\$ 23.⁹⁹

Lentil pancake, pakora, roasted soybeans, spicy potatoes, chicken choila, fermented radish and sauce



SEKUWA PLATTER

\$ 28.⁹⁹

A variety of grilled delights; lamb, chicken, pork and veggie, marinated in traditional spices and cooked to perfection

MOMO PLATTER

\$ 21.⁹⁵

A selection of steamed, or kothey style cooked chicken, veggie, and pork momo.

GULIYO PARIKAR

Desserts



TURTLE CHEESECAKE (GF)

A rich cheesecake with a chocolate and caramel topping.

\$ 7.99

HALWA (2 PCS)

Semolina pudding, flavored with cardamom and garnished with nuts.

\$ 4.99

JAMUN (2 PCS)

Sweet milk solids soaked in syrup.

\$ 5.99

KHEER

Creamy rice pudding flavored with cardamom and nuts.

\$ 5.99

MALPUWA

Sweet pancakes made with flour and sugar.

\$ 2.79

SHIKARNI (SWEET YOGURT WITH SPICES)

Sweetened yogurt flavored with a blend of Nepali spices.

\$ 5.99

Gulab Jamun Cheesecake

A delightful fusion of classic Indian dessert gulab jamun and creamy cheesecake, offering a unique and indulgent experience.

\$ 8.49

DRINKS



POP (CAN)	\$ 2.⁰⁹
JUICE/NESTEA	\$ 3.⁰⁹
POP (BOTTLE)	\$ 3.¹⁹
BOTTLED WATER (DASANI)	\$ 3.¹⁹
SPARKLING WATER (CAN)	\$ 3.⁰⁹
VITAMIN WATER / SMART WATER	\$ 3.⁶⁹
MONSTER	\$ 4.⁷⁹
CHOCO MILK	\$ 3.⁹⁹
MANGO LASSI	\$ 6.⁹⁹
SWEET LASSI/ SALT LASSI	\$ 6.⁹⁹
STRAWBERRY MILK	\$ 6.⁹⁹

MINT LEMONADE (Cold)	\$ 5.29	\$ 5.²⁹
ROSE LEMONADE	\$ 5.29	\$ 5.²⁹
COFFEE		\$ 3.⁶⁹
LATTE / CAPPUCCINO		\$ 5.²⁹
TURMERIC LATTE		\$ 4.⁹⁹
KAGATI PANI (GINGER HONEY HOT LEMON)		\$ 5.⁹⁹
GREEN TEA		\$ 3.¹⁹
CHIYA (MILK TEA WITH SPICES)		\$ 4.⁹⁹
KALO CHIYA (MASALA BLACK TEA)		\$ 3.⁴⁹
NYUN CHIYA (TIBETIAN BUTTER TEA)		\$ 5.²⁹
HOT CHOCOLATE		\$ 3.⁶⁹

ALCHOLIC DRINKS

BEERS

COORS LIGHT	\$ 6. ⁸⁹
MOLSON CANADA	\$ 6. ⁸⁹
CORONA STELLA ARTOIS	\$ 7. ⁸⁹
HEINEKEN	\$ 7. ⁸⁹
LOCAL BEER GATEWAY (11.17/626)	\$ 8. ⁸⁹

WINES

PINOT GRIGIO, OGGI (60Z/90Z/BOTTLE)	\$ 9/\$ 13/\$ 40
The freshness and zing of pinot grigio from Northern Italy is light and delicate	
RIESLING	\$ 12/\$ 15/\$ 42
A lovely off-dry German Riesling with aromas of fresh peach and apricot.	
SANTA JULIA	\$ 11/\$ 14/\$ 41
Rich, medium-plus bodied, dry Argentinian red wine	
FINCA FLICHMAN	\$ 11/\$ 14/\$ 41
It is medium-bodied, fruity and toasty. Misterio is both fruity with smooth and balanced finish.	
TEMPRANILLO (60Z/90Z)	\$ 12/\$ 17
A Spanish full-bodied red wine with wild strawberries, cherries and raspberries	
FRED WINE, BRIGHT SIDE (9,OZ/bottle)	\$ 14/\$ 45
FRED WINE, WILD SIDE (9,OZ/bottle)	\$ 16/\$ 47

NON-ALCHOLIC DRINKS

GUINNESS ZERO \$5.99	\$ 5. ⁹⁹
BUDWEISER ZERO \$3.99	\$ 3. ⁹⁹